



# COVID-19 MANAGEMENT

"A SUCCESS STORY"



**VIDYASAGAR GRAM PANCHAYAT**

**MOHANPUR R.D BLOCK**

**WEST TRIPURA**

## **Abstract**

COVID-19 outbreak in the country was still predominantly an urban phenomenon. However, besides urban areas reporting a large number of cases, a gradual hike is now being seen in rural and tribal areas as well. In view of this there is a need to enable communities, strengthen primary level healthcare infrastructure at all levels to intensify COVID-19 response in rural & tribal areas, while continuing to provide other essential health services. With larger spread of COVID-19 cases in rural and tribal areas, it is important to ensure that community-based services and primary level health infrastructure in these areas are equipped and oriented to manage COVID-19 cases. Primary healthcare facilities and health sub-centres in these GP areas play a significant role in delivering health services to population. As the GP is highly populated with population 5045, therefore it becomes very important to intensify COVID protocols in the GP. This document outlines the process & management that was put in place in Vidyasagar GP with respect to COVID-19 management.

### **Vidyasagar GP.....At a Glance**

Total Population	5045(Male:2463,Female:2576)
Total Families	1323
Total Wards	8(Eight)
Area	5.5 Sq Km
Anganwadi Centres	9(Nine)
JB School	3(Three)
High School	1(One)
H.S School	1(One)
Health Centres	1(Katlamara PHC)
ARDD Office	1(One)
Agri Sector Office	1(One)
Bank	Tripura Gramin Bank,Panchabati
Markets	Panchabati & Katlamara
Community Hall	2(Two)
Tea Estates	Meghlibandh Tea Estate
Tourist attraction	Bash Gram,Katlamara

## **Formation of Panchayat Corona Crisis Management Group**

A Panchayat level Corona Crisis Management Group was constituted to monitor and supervise the crisis in the GP areas. The group is headed by the Pradhan of the GP. Panchayat Secretary, MPW of Vidyasagar GP, AWC worker, PRI members and representatives are the integral part of the group.

<b>Sl no</b>	<b>Name of Group members</b>	<b>Designation</b>
1	Smt Supriya Saha	Pradhan
2	Smt Choton Roy	Up-Pradhan
3	Sri Debasish Chakraborty, PS	Convenor
4	Smt Kaberi Datta Bir	MPW
5	Smt Khela Bardhan	AWC worker
6	Sri Titan Sarkar	Public Representative
7	Sri Kartik Urang	Public Representative
8	Sri Ratan Roy	Member SHG
9	Sri Pradip Deb	Member SHG



**Meeting of the Vidyasagar Panchayat Corona Crisis Management Group  
headed by Pradhan, Smt Supriya Saha**

## Sanitization Process in various GP areas

Right after the constitution of the Corona Crisis Management Group the first & the foremost task of the group was to sanitize various areas in the GP especially in the market places. To bring down the transmission level of COVID-19 infections and to ensure proper cleanliness in GP area, the Gram Panchayat carried out rigorous cleanliness campaigns in all the village.



Sanitization done at various wards under the GP



## Awareness

Provisions were made for posters, Miking throughout the gram panchayat to create awareness among general public on

- (i) simple preventive health measures like use of mask/face cover, hand and respiratory hygiene, physical distancing with marking at shops.
- (ii) common signs and symptoms of COVID,
- (iii) need for early reporting of cases,
- (iv) State/district helpline numbers etc.



### Informative posters installed at various places in the GP



**Awareness miking done at GP area**

## **Rapid Antigen Testing (RAT)**

Rapid Antigen test is being conducted daily under Katlamara PHC and was also conducted in 3 places in the GP area. Antigen test was conducted at Panchabati Bazar, Katlamara Bazar, Bairagipara & Meghlibandh Tea Estate by the health team from Katlamara PHC. Bairagipara is sought to be the epicentre of COVID-19 infection at Vidyasagar GP. In the coming days test will also be conducted at Meghlibandh Tea Estate among the tea estate workers. The initiative to conduct the RAT in various places in Vidyasagar GP was taken by BDO, Mohanpur.

Sl no	Place of testing	Date	Total tested	Positive cases	% age of positivity
1	Panchabati Bazar	20/05/21	100	4	4%
2	Katlamara Bazar	22/05/21	71	4	5.63%
3	Bairagipara	27/05/21	93	5	5.37%
4	Meghlibandh Tea Estate	05/06/21	146	28	19.17%



**Rapid Antigen test at Panchabati Bazar dated 20/05/2021**



**Rapid Antigen test at Katlamara Bazar dated 22/05/2021**





**Rapid Antigen test at Bairagipara dated 27/05/2021**



**Rapid Antigen test at Katlamara PHC**



**Rapid Antigen test at Meghlibandh Tea Estate dated 05/06/2021**



**Social Distancing mantained by Tea Estate workers during Rapid antigen test at Meghlibandh Tea Estate**



## **Management and support toward the COVID positive cases**

The COVID positive cases detected by Katlamara PHC are straightaway isolated and their houses are also sealed if more cases are found in their family. The health team provides medicines needed to cure COVID. As in rural sector it becomes vital to look after the well being of the families under isolation as because it hampers their earnings. The Covid Crisis Management Group with assistance from Vidyasagar Gram Panchayat has come forward in providing food items to the families who are under isolation.



**Food items distributed to COVID affected family of Dipak Chanda,W-5**



**Food items being distributed among various COVID affected families at Meghlibandh Tea Estate**



## **COVID-19 Vaccination**

Ensuring high coverage with vaccination is a pivotal strategy for preventing future surge in COVID cases. Appropriate strategies for achieving high coverage with COVID vaccination in GP areas are devised. Frontline Line Workers along with PRI representatives mobilized the beneficiaries for vaccination in compliance with the guidelines by the Government of India. Promotional activities such as miking were made in all the habitations of Vidyasagar Gram Panchayat. Vaccination process in the GP are done by Katlamara PHC. As the vaccination is an ongoing process, the Gram Panchayat has sought support towards the Health department so that each and every citizens in the GP are vaccinated. As the PRI representatives are the frontline workers, they were vaccinated right during the commencement of the vaccination process.



**COVID vaccination at Katlamara PHC**



## Outcome

The outcome is very simple. The more we will be cautious the most we can defeat the virus. Since many awareness activities has been taken up by the Gram Panchayat a behavioural change among the villagers has been noticed. People has taken up mask wearing more seriously. Social distancing is being maintained at the market places,Banks,shops etc.PHC Katlamara, Gram Panchayat,Block administration & SDM's office are regularly monitoring the conditions of the COVID affected families. Recovery rate is 100% in the Gram Panchayat which shows that the collective effort of all is bringing good results.

## Our Challenge

Our challenge is immense. Across the globe, the spread of COVID-19 continues to cause disease, death and disruption. It has pushed even the most advanced health systems to the brink. To control and suppress spread, we must take the fight to the virus. Active case detection, isolation, testing and contact tracing can control the virus. Strengthening surveillance and contact tracing in particular will help state and local authorities to rapidly adapt to evolving outbreaks. We must also stay well. Look after our mental health and be supportive of others. It is natural to feel sad, stressed, confused, scared or angry during a crisis. Helpful coping strategies include getting sufficient rest, exercise, eating well, avoiding harmful substances and staying in close contact with family and friends.

***Three priorities must chart the path ahead: control and suppress spread, strengthen and maintain health services, and support each other to stay safe, healthy and well.***